Wellbeing Practitioners enhance the wellbeing and nurture the potential of children and young people through promoting creativity and emotional literacy.

Wellbeing Practice can increase self-awareness, self-esteem and self-confidence as well as communication skills, emotional resilience and recovery in children, young people, families and organisations.

Informed by youth work, social work, mental health, therapy and education, therapeutic and multi-disciplinary training takes three years part time to qualify with the knowledge and expertise required for safe and effective wellbeing practice with children and young people.

The course is delivered by The Wellbeing Faculty with a team of over twenty tutors who provide quality teaching for students as well as a range of visiting lecturers, writers, researchers and practitioners to inform and inspire.

Practitioners participate in placements in health, education, social care, private, statutory and/or charity sectors working to promote wellbeing through creative approaches including:

SPORTS  LEISURE  ART  COMPLEMENTARY HEALTH  COMMUNICATIONS  TECHNOLOGY
The creative approach to teaching and learning includes in its curriculum an integration of theory and practice, knowledge and experience in:

Children’s Rights
Child Development
Mental and Emotional Health
Attachment Theory
Affective Neuroscience
Multiple Formulations Of Wellbeing
Child Protection & Safeguarding
Behaviour as Communication
Child-centred Inter-disciplinary Practice
The Common Assessment Framework, Early Intervention and Integrated Multi-agency Practice

The Team Around The Child
Advocacy and Team Leadership
Life Story Work
Active Imagination in Community Wellbeing
Equal Opportunities and Inter-Cultural Issues
Concepts from cognitive, psychodynamic, humanistic, archetypal and family systems perspectives
Affect attunement and Mindfulness
Creative and Relational Play
Symbolic and imaginative approaches to facilitation which can be adapted and applied to any context

Ongoing assessments include:

- Monthly Creative Journals
- Group Viva
- Vignette Presentation
- Facilitation Skills
- Wellbeing Interview
- Case Presentation
- Case Study
- Community Wellbeing Presentation
- Professional-Profile And Interview
- Reflective Practice

The course is an excellent opportunity for personal and professional development and is based at the Centre for Child Mental Health (CCMH) at the Institute for Arts in Therapy and Education (IATE) in Islington, N1 8PA (0207 704 2534)
Delivered in Partnership with the University of East London

Certificate in Therapeutic Communication Skills for Work with Children and Young People

- 9 Weekends 18 Days
- Principles of Inter-disciplinary Professional Practice.
- Applied Therapeutic Thinking.
- Creative and Relational Skills

Weekends and Fridays 18 Days

Diploma in Wellbeing Practice for Children, and Young People

Fundamental Multi-disciplinary Perspectives.
Fundamental Integrative and Relational Skills.
Creativity. Human Potential and Wellbeing including options in Mentoring. Creative Group work and Key-working

Fees - £3,500 Per Year
Additional costs:
Reflective Practice £250 each term
University Registration Fee £350

For further information and an application form please email: lorna@artspsychotherapy.org